



CERTIFICATE OF ANALYSIS

Product name	Calm - 60 Capsules	Product type	Finished product
Batch no	FWE.8.3	Batch size	155 nos
Mfg date	18.Sep.2024	Exp date	18.Mar.2026
Date of batch release	30.Sep.2024	Quantity released	154 nos
Test	Result	Limit	Test method
Physico – Chemical character			
Colour	Confirm	Light Brown	Visual
Chemical characters			
L-Theanine (mg/serving)	200.89 mg	200 mg	IH
5-HTP (mg/ serving)	51.32 mg	50 mg	IH
Withanolides (mg/ serving)	31.25 mg	30 mg	IH
Heavy metals			
Mercury (mg/kg)	BLQ	Max 1.0	LAB P SOP 221
Cadmium (mg/kg)	BLQ	Max 0.3	LAB P SOP 221
Arsenic (mg/kg)	BLQ	Max 3.0	LAB P SOP 221
Lead (mg/kg)	BLQ	Max 10.0	LAB P SOP 221
Microbial Limit			
Total plate count (cfu/g)	<10	Not Specified	ISO 4833 - 1 : 2013
Yeast & Mould Count(cfu/g)	<10	Not Specified	ISO 21527 - 2 : 2008
E.Coli (cfu/g)	Absent	Not Specified	ISO 16649 - 2 : 2001
Coliform Count (cfu/g)	Absent	Not Specified	ISO 4832 : 2006

BLQ : Below Limit Of Quantification .

Note : < 10 = No microbial growth observed in 1:10 dilution.

Note:- The heavy metals specification derived from section II, voluntary certification Scheme for Ayush Products.

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 30.Sep.2024
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***End of Report.**